Resting to Rise: Reduce Burn Out, Find Your Joy for Writing and Life, and Create a Just Academia (NCFDD Webinar)

Tuesday, February 18; 2:00 p.m. - 3:30 p.m. ET

Presenters: Karen Brody & Benita Jackson, PhD

We all hear about the importance of self-care and, in particular, sleep. But many of us continue to struggle finding our internal place of deep rest and renewal. This place is not only where our nervous system resets, but also where our creativity, zest, truest voice, and zone of genius dwell - boons to any academic writer, teacher, and change-maker. It is also from this place that clarity of purpose arises about our role in social transformation.

In this workshop we explore the idea and practice of "resting to rise" for academics. We introduce yoga nidra - what it is, what it does, its relevance to faculty, and, most importantly, how to try it and even fit it in to your already-full schedule. You will leave the workshop with access to a free recording, and a plan for weaving it into your life in support of your writing goals and other meaningful projects.

For more information and registration, click here.
Indiana CTSI Notre Dame Retreat
Friday, February 21, 2020; 8:00am - 3:30pm
Innovation Park at Notre Dame
1400 E. Angela Blvd., South Bend 46617

The Landings at Notre Dame - February Special

The Landings at Notre Dame is a newly constructed apartment complex designed specifically for Notre Dame students who are Married or Parenting, and is now leasing for Fall 2020.

Visit thelandingsatNotreDame.com, call 574-538-2710 for a tour, or visit them on Facebook and Instagram.

Apply before February 29 and you will receive half off your security deposit and half off your annual parking fee at move-in. That is a savings of about $500-800!

International Tax Assistance Program

The filing season for 2019 tax returns runs from the middle of February to the middle of April. The International TAP will be taking appointments Mondays through Thursdays from February 17 through April 9. For more information, click here.
Mark Your Calendars for...

Save the Dates: Harper Cancer Research Institute's Annual Chili Cook-off and 9th Annual Cancer Research Day

The Harper Cancer Research Institute's Annual Chili Cook-off  
*Monday, March 30; 4:00 p.m. - 6:00 p.m., Harper Hall Multipurpose Room*

Contact Aviva Wulfsohn at awulfsoh@nd.edu to reserve your free chili station. Prizes and bragging rights will be awarded. Non-chili makers will be asked for a $10 donation for their unlimited tastes (student rate $5).

9th Annual Cancer Research Day  
*Monday, April 20, 2020; The Morris Inn*

**Keynote Speaker:** Edison Liu, President and CEO of The Jackson Laboratory

Register [here](#), and [submit your abstract](#) by Monday, March 16. Contact Angela Cavalieri at (574) 631-4166 or [Cavalieri.2@nd.edu](mailto:Cavalieri.2@nd.edu) with questions.

For more information, click [here](#).

Recurring On-Campus Workshops

- The Graduate School - Professional Development
- Center for Social Concerns
- Center for the Study of Languages and Cultures
- Hesburgh Libraries and Navari Family Center for Digital Scholarship
- Office of Human Resources
- Office of Information Technologies
- Kaneb Center for Teaching and Learning
- The Writing Center
Funding Opportunities

Contact the Postdoc Office for a preliminary discussion and for assistance finding the appropriate resources for competitive external funding applications. Click here for more funding opportunities. If you have never used PIVOT before, contact Valli Sarveswaran for assistance.

**The Intelligence Community (IC) Postdoctoral Research Program ORISE Fellowships**
Deadline: February 28, 2020

**Global Health Reciprocal Innovation Demonstration Award**
Deadline: March 5, 2020

**Zuckerman STEM Leadership Program for Postdoctoral Scholars**
Deadline: March 15, 2020

**Indiana CTSI Center for Diabetes & Metabolic Diseases Pilot & Feasibility Grant**
Deadline: March 17, 2020

**Pilot Funding for Research Use of Core Facilities**
Deadline: March 30, 2020

**Global Health Reciprocal Innovation Planning Award**
Deadline: applications accepted year-round

**Profellow - Postdoctoral Fellowships**
Various deadlines

**Postdoctoral and Early Career Awards**
Various deadlines

**Pathwaystoscience.org: Postdocs and early career opportunities**
Various deadlines

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**Job Postings**

- **Engineering:**
  - Assistant Professor, Environmental Engineering-Hydrology
  - Research Scientist, Directed Energy
- **Humanities:**
  - Assistant Professor, History
  - Dean of Arts and Communication
- **Science:**
  - Assistant Professor, Biostatistics
  - Biomedical Data Science Associate Director
- **Social Science:**
  - Assistant Research Professor, Sociology
  - Neuropsychologist/Clinical Research Psychologist
- **Multidisciplinary:**
  - Associate Program Officer - LabX
  - Dean of Math & Computer Science
- **Postdoc Positions:**
  - Mathematical Modeling - Moffitt Cancer Center
  - Cancer Immunology and Immunotherapy - Moffitt Cancer Center

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**Open Consulting Hours**
Come meet Valli, Associate Program Director of the Postdoc Office, to ask questions about professional development, career exploration, and other services offered by the Postdoc Office in particular and Notre Dame as a whole. International scholars are also welcome to discuss matters specific to them.

**Date:** Thursday, February 20  
**Time:** 2:00 p.m. - 4:00 p.m.  
**Location:** Stinson Remick, across Room 100

**Date:** Thursday, March 5  
**Time:** 2:00 p.m. - 4:00 p.m.  
**Location:** McCourtney Hall First Floor, by Espresso Cart

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**Postdoc Welcome Session**

Are you a new postdoc? Come by the Postdoc Office in 117 Bond Hall for a welcome session hosted by Associate Director, Valli Sarveswaran. If you missed your own welcome session, we would love to see you!

**Dates and Times:**

- 3:00 p.m. - 4:00 p.m. every second Tuesday of the month (February 11, 2020)
- 11:00 a.m. - 12:00 p.m. every fourth Thursday of the month (February 27, 2020)

Please contact Valli at vsarvesw@nd.edu if you plan to attend.

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**Did You Know...**

...that one of the greatest ND traditions is happening on campus this week and next week?

**Notre Dame Men's Boxing Tournament, the 90th Annual Bengal Bouts**

This is the largest amateur college boxing tournament in the world - more than 100 young men compete. In addition to learning how to box, each student is required to raise a minimum of $500, which supports childhood education via Holy Cross Missions in rural Bangladesh. Last year, the tournament raised $146,000. This year the goal is $200,000. Tickets for an all-session pass are $20 from a boxer or [buy online](#) or in-person at Murnane Family Ticket Office: $30.

**Tournament dates:**

- **Semifinals:** Monday, February 24; 7:00 p.m. in the Dahkne Ballroom, Duncan Student Center
- **Finals:** Saturday, February 29; 7:00 p.m. in the Purcell Pavilion, Joyce Center

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**PhD Comics**

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